

# ACTIVE\* CONSENT IS **OMFG**

**O** = ONGOING

**M** = MUTUAL

**F** = FREELY

**G** = GIVEN

JOIN THE CONVERSATION @ACTIVECONSENT



ACTIVE\*  
CONSENT

# ACTIVE\* CONSENT IS ONGOING

ACTIVE CONSENT IS PRACTISED  
THROUGHOUT **ALL** SEXUAL ACTIVITY  
(WHETHER IT'S KISSING, SEXTING,  
FOREPLAY OR ALL THE WAY).

YOU CAN **CHANGE YOUR MIND**  
ABOUT ANY ACTIVITY AT ANY TIME  
(AND SO CAN YOUR PARTNER)  
EVEN AFTER YOU'VE AGREED TO DO  
SOMETHING.

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ACTIVE\*  
CONSENT

# ACTIVE\* CONSENT IS MUTUAL

ACTIVE CONSENT MEANS  
THAT YOU AND YOUR  
PARTNER ARE ON THE  
SAME PAGE ABOUT WHAT'S  
HAPPENING DURING  
INTIMACY OF ANY KIND, AND  
YOU'RE BOTH ENJOYING IT.

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ACTIVE\*  
CONSENT

# ACTIVE\* CONSENT IS FREELY GIVEN

ACTIVE CONSENT MEANS THAT NOBODY HAS BEEN COERCED OR FORCED INTO SEXUAL ACTIVITY AGAINST THEIR WILL, AND NOBODY IS INCAPACITATED BY DRUGS OR ALCOHOL. EVERYONE IS ACTIVELY ENGAGING IN SEXUALACTIVITY BECAUSE THEY WANT TO.

JOIN THE CONVERSATION @ACTIVECONSENT



ACTIVE\*  
CONSENT

MUTUAL. FREELY-GIVEN. ONGOING. MUTUAL.  
FREELY-GIVEN. ONGOING. MUTUAL. FREELY-  
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FREELY-GIVEN. ONGOING. MUTUAL. FREELY-  
MUTUAL. FREELY-GIVEN. ONGOING. MUTUAL.

# CONSENT IS OMFG

JOIN THE CONVERSATION @ACTIVECONSENT



ACTIVE\*  
CONSENT



RETHINK  
IRELAND



# FACT

SHARING INTIMATE IMAGES OF SOMEONE WITHOUT THEIR CONSENT IS IMAGE-BASED SEXUAL ABUSE, AND IT IS **ILLEGAL** IN IRELAND.



*HARASSMENT, HARMFUL COMMUNICATIONS AND RELATED OFFENCES ACT 2020*

JOIN THE CONVERSATION @ACTIVECONSENT



**ACTIVE\***  
**CONSENT**

# IS A SMILE ENOUGH?

WHEN IT COMES TO SEX, A SMILE FROM OUR PARTNER CAN MEAN LOTS OF THINGS. IT COULD MEAN 'YES I'M INTERESTED!', BUT IT COULD ALSO MEAN 'I'M NERVOUS' OR 'I DON'T WANT THEM TO BE ANGRY IF I SAY NO.'

SO HOW DO YOU KNOW WHICH ONE IT IS?

ALWAYS CHECK IN WITH YOUR PARTNER AND MAKE SURE YOU'VE GOT ACTIVE CONSENT FOR ALL SEXUAL ACTIVITY - FROM KISSING, SEXTING, FOREPLAY, OR ALL THE WAY.

JOIN THE CONVERSATION @ACTIVECONSENT



**ACTIVE\***  
**CONSENT**

# A PERSON CONSENTS TO A SEXUAL ACT IF THEY FREELY AND VOLUNTARILY AGREE TO ENGAGE IN THAT ACT.

*SECTION 48.9.1, CRIMINAL LAW (SEXUAL OFFENCES) ACT 2017*

DID YOU KNOW THAT IRELAND HAS A CONSENT LAW? IRISH LAW STATES THAT A PERSON CANNOT CONSENT TO A SEXUAL ACT IF THEY CANNOT FREELY AND VOLUNTARILY AGREE TO IT. ALWAYS MAKE SURE YOU'VE GOT ACTIVE CONSENT FOR ALL SEXUAL ACTIVITY – IT'S AS EASY AS OMFG (ONGOING, MUTUAL, FREELY-GIVEN).

JOIN THE CONVERSATION @ACTIVECONSENT



**ACTIVE\***  
**CONSENT**





# NO MEANS NO, BUT SO DOES...

*EH...*

*NOT RIGHT NOW*

*I DON'T KNOW*

*I'M NOT SURE*

*I'M REALLY TIRED*

*WAIT*

*CAN WE PAUSE?*

*I DON'T WANT TO*

*THAT HURTS*

JOIN THE CONVERSATION @ACTIVECONSENT



ACTIVE\*  
CONSENT

**OVER**

**800%**

**OF YOUNG  
PEOPLE  
SAY IT IS  
IMPORTANT  
TO TALK  
ABOUT  
SEXUAL  
CONSENT\***

*\*STATISTICS FROM ACTIVE\* CONSENT PROGRAMME DATA*

***JOIN THE CONVERSATION:***



*@ACTIVECONSENT*



*@ACTIVECONSENT*



*ACTIVE CONSENT AT NUI GALWAY*

**ACTIVE\*  
CONSENT**

# HOW DO WE COMMUNICATE CONSENT?

**ARE YOU INTO THIS?** DOES THAT FEEL GOOD?  
DO YOU WANT ME TO GRAB A CONDOM?  
**CAN I KISS YOU?** DOES THIS TURN YOU ON?  
**I'M REALLY INTO THIS!** MAYBE LATER?  
WANNA TRY THIS? **I LOVE IT WHEN YOU DO THAT!**  
I THINK I NEED A BREAK. **YES!** I DON'T THINK SO..  
**IF YOU WANT TO STOP, WE CAN STOP WHENEVER.**  
**I DON'T THINK I'M READY YET.** NOT RIGHT NOW.  
I'M NOT REALLY INTO THAT... **CAN WE PAUSE?**  
HAVE YOU EVER TRIED THIS BEFORE? **STOP!**  
**THAT FEELS AMAZING!** I'M KIND OF TIRED...

JOIN THE CONVERSATION @ACTIVECONSENT



ACTIVE\*  
CONSENT

# THINGS THAT CAN AFFECT HOW WE COMMUNICATE CONSENT



**VERBAL  
CONTRACT**



**GENDER  
ROLES**



**ALCOHOL**



**BODY  
LANGUAGE**



**CHANGE  
OF MIND**



**WILLINGNESS**



**DRUGS**



**SOCIAL  
NORMS**

JOIN THE CONVERSATION @ACTIVECONSENT



**ACTIVE\*  
CONSENT**